



Falls and Frailty bulletin

January 2026

The aim of this current awareness bulletin is to provide a digest of recent articles on Falls and Frailty

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Articles

The contingency of frailty level with the perception of risks of falls in various living and public environments of older adults

Bruci S et al

Healthcare 13 (24) 3234

Predictive ability of systems of postural control for 1-year risk of falls and frailty in community dwelling older adults: a preliminary study

Shinohara T et al

Journal of Aging & Longevity 5 (4) 45

Beyond tooth count: the interplay of oral health, frailty and falls

Nagamine T

Journal of Oral Rehabilitation 52 (2025) 2481-2483

A community based, medical student-led walking and education program was associated with a reduction in frailty levels among adults with elevated frailty

O'Brien M et al

Frontiers in Aging 6 (2025) 1690493

Linking motor and cognitive decline in aging: gait variability and working memory as early markers of frailty

Valeriano-Panos E et al

Healthcare 13 (24) 3201



Falls and injuries resulting from falls among patients with Parkinsonism: a reappraisal

Parashos S et al

Movement Disorders Clinical Practice (2026) falls and injuries

Assessment of frailty in community-dwelling older adults using smartphone-based digital lifelogging: a multi-center, prospective observational study

Kim J et al

Sensors 26 (1) 215

The prognostic value of the Clinical Frailty Scale in critically ill older adult patients in the Emergency Department

Um Y et al

Journal of Emergency Medicine 80 (2026) 33-43

Improving unpaid carers' involvement in and experience of the frailty pathway: a pilot study using an unpaid carer experience measure

Errington-Evans E et al

British Journal of Healthcare Management 32 (1) 1-14

Frailty trajectories and determinants in older adults after PCI: a longitudinal study

Yao I et al

Clinical Interventions in Aging 21 (1) 1-12

Cumulative experience of loneliness and frailty progression: a prospective cohort study

Hu C et al

General Hospital Psychiatry 99(2026) 129-134

Frailty assessment and candidate optimization before cardiothoracic transplantation

Premachandra A et al

JHLT Open pre-proof frailty assessment

Effects of nutritional guidance on frailty in older adults: a systematic review

Koyama T et al

Journal of Nutrition, Health and Aging 30 (1) 100756

Associations of socioeconomic position and depression with frailty among older adults: cross-sectional evidence from 17 countries

Ye Y et al

Maturitas 204 (2026) 108788